

Previous experiences of the Igalo Institute relating to education

Founding the College of Physiotherapy

(35 years ago)

- With a full awareness of the importance of knowledge and development
- With the Institute's own financial resources in general
- With the support of one of the best schools in the state at that time (Zagreb University, later on Belgrade University)
- Creating own teaching staff by supporting the academic careers of its employees
- After having duly established and acquired competency for licencing, the College became a part of State University of Montenegro (14 years ago)

Previous experiences of the Igalo Institute Igalo relating to education, cont.

- Participation in the founding the **Secondary school of physiotherapy**, which is based on the same principles as with the College of Physiotherapy
- Developing and maintaining the **status of teaching hospital** of the University of Montenegro in the field of physical and rehabilitation medicine

Previous experiences of the Igalo Institute Igalo relating to education, cont. 2

FOUNDING THE “QUEEN HELLEN” NURSING COLLEGE

Reasons - are primarily based on:

- The fact that the European population is aging, and so are the European clients of the Igalo
- The intention to upgrade the standards of nursing services as an integral part of health care system, following the best practices in the world, for example the Norwegian standards

Current Achievements

The Igalo Institute participates in the educational system with its

- **Patients** (about 10,000 per year in average – inpatients and a huge number of outpatients)
- **Fully-equipped therapy rooms**
- **Professors, Assistant professors, practice teachers**

Current Achievements, con.

- **Education-related activities performed at the Igalo Institute:**
 - Practical training of secondary school pupils
 - Practical training of the students of various faculties (the General Medicine School, the Faculty of Physiotherapy, the Faculty of Nursing)
 - Seasonal internships for students of physiotherapy
 - Obligatory internship for graduated students of the Faculty of Physiotherapy
- **Congresses, symposiums, providing continuing education for doctors**

INTEREST OF YOUNG PROFESSIONALS IN ACADEMIC CAREERS

- BASICALLY : *DECREASING*

Possible reasons:

- Small benefits
- Inadequate social status
- As for therapists, the absence of tradition in master studies and even the presence of formal limitations for advancement through Master and PH.D. studies

POSSIBLE INTERVENTIONS

- Including young experts in the education system by offering them to be a part of cathedra members for specific subjects
- Stimulating young experts through sponsored internships and postgraduate education enabling them to achieve higher academic degrees
- Introducing models of default or obligatory studies as a part of the company's human resources policy (as the Institute does), possibly entering into agreements, based on which an employee shall perform both practical and teaching duties

EXPERIENCE FROM CLINICAL PRACTICE AND MARKET DEMANDS (POSSIBILITY OF REDESIGNING OR ENHANCEMENT)

1. *CHILDREN'S REHABILITATION*

- a. Possibility of being presented in one block, as a separated subject because of variety of techniques and specific knowledges

Or:

- b. To be a specialised postgraduate education

Cont.

2. *SPORTS REHABILITATION*

complexity and interrelations with basic knowledge of sport training process, specific features of psychological structure and motivation of sportists, suggest this subject to be included in ordinary education practice, likely through a specialized course

cont

3. ***REHABILITATION IN THIRD-AGE PEOPLE***

At this moment, the civilization is faced with prolonged life expectancy and this will even increase in the future.

Third-age is a new quality, the third-age people are not only the “aged adults”

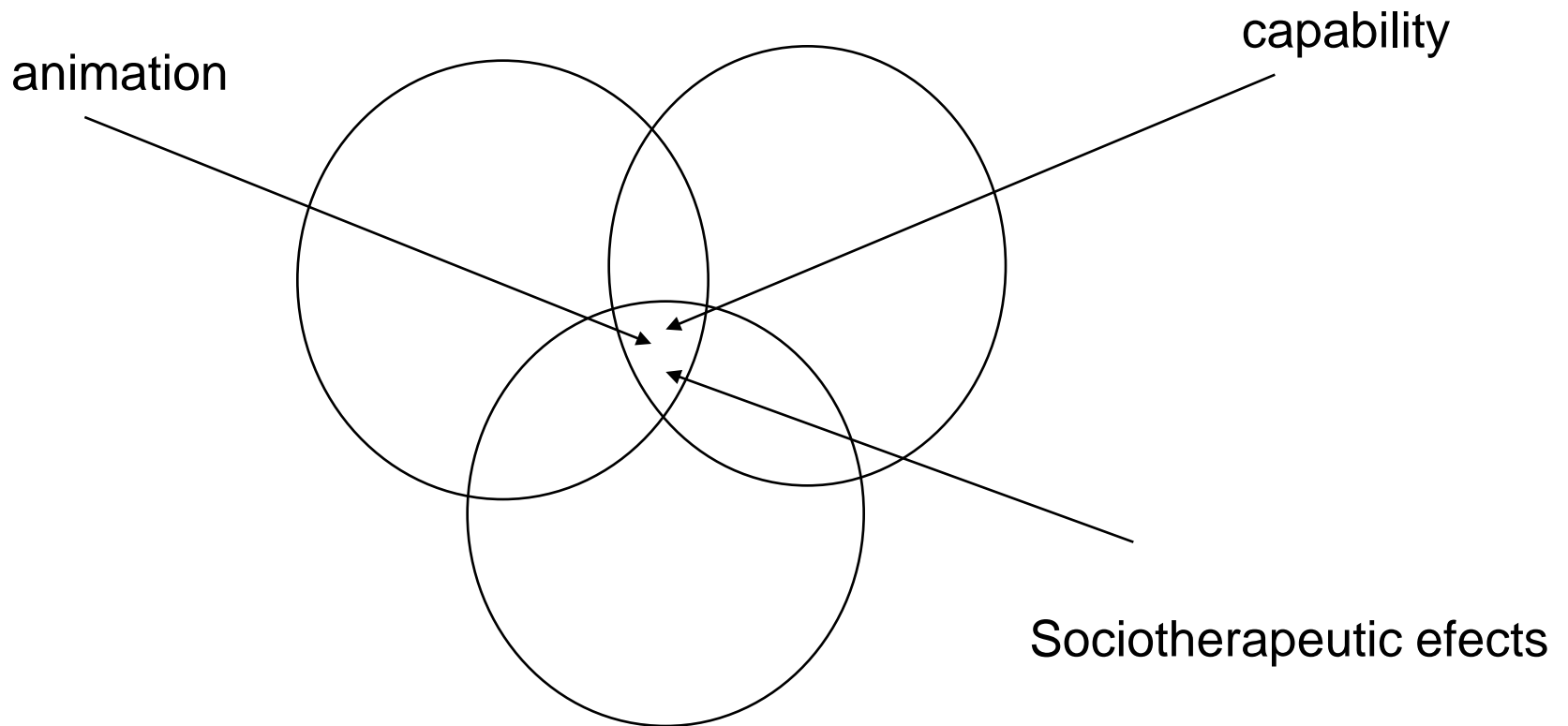
This “new” third-age, with its own capacities, limits and goals, frequent polymorbidity, deserves perhaps a new approach and research, and consequently new techniques and strategies, as well

cont

4. BASIC PREVENTIVE PROGRAMS

- The concept of “long and healthy life” increasingly creates the need for a competence and competitive programs aimed at promotion of such lifestyle and managing individual strategies.
- A big chance is to entrust the licensed professionals with performing such tasks
- Promoting the possible concept of “**Medical wellness**”
- Wellness concept, promoted through energetic hotel industry is a helping tool.

5. MOVEMENTS AND GAMES AS INSPIRATION



6. EDUCATION AND TRAINING OF RELATIONS

Reasons: more and more informed and educated clients, frequently demanding for “second opinion”, looking for alternatives

INTERFACULTY COOPERATION

(basic idea: refreshments)

- A. With the same or similar faculties
(new teachers and students experiences and feed back)

- B. Overlapping faculties (Toward interdisciplinarity)

THE FUTURE IS THE PAST THAT HAS NOT HAPPENED YET

Based on more than 30-year experience of participation in the educational system, we see Igalo as:

- A place to apply the best-known knowledges and techniques in certain medical disciplines
- A research place for acquiring new knowledges and clinical testings, all of them for the benefit of clients